



PHYSICAL INTERVENTION



Prevention and Management of Violence & Aggression

The Prevention and Management of Violence & Aggression training course has been developed to support those working in Mental Health and Learning Disability Settings and meets the national NHS syllabus.

Programme/Course Content

- Aggression in mental health and learning disability settings
- Non-verbal de-escalation, verbal strategies and conflict resolution styles
- Functional and dysfunctional coping strategies
- Prevention strategies v's Reactive strategies
- Responsibilities in relation to legal, ethical and moral frameworks regarding the use of force
- Risk management interventions
- Breakaway, Disengagement, and Restraint – and the related risks
- Secure safe holding techniques that do not initiate or incorporate pain or punishment tools

Aimed at: Each of our courses can be tailored to meet your team's requirements, whether introductory, intermediate or advanced. We can design the ideal solution to accommodate your team's ability, knowledge, practical experience and previous training.

Accreditation: NFPS / MAYBO

Further information: To discuss your conflict management training requirements then please telephone or email our friendly team today.