



FIRST AID



First Aid at Work

The three-day First Aid at Work course covers a range of emergencies, giving delegates the skills and confidence to deal with an emergency situation in a way that is prompt, safe and effective. This course provides suitable, highly trained personnel who can act as first aiders.

Programme/Course Content

- Legalities, responsibilities and reporting
- Assessment of the situation
- Dealing with an unresponsive casualty
- Resuscitation
- Choking
- Shock (including Anaphylaxis)
- Heart attacks
- Stroke
- Control of bleeding
- Bandaging
- Chest, Head & Eye injuries
- Fractures, Strains & Sprains
- Asthma
- Diabetes
- Epilepsy
- Poisoning
- Burns

Aimed at: Each of our courses can be tailored to meet your team's requirements, whether introductory, intermediate or advanced. We can design the ideal solution to accommodate your team's ability, knowledge, practical experience and previous training.

Accreditation: OFQUAL Level 3 Award in First Aid at Work (QCF)

Further information: The assessments consist of a multiple choice question paper and a practical assessment.

Practical Assessments will be conducted and a delegate will only receive a pass, if the delegates demonstrate the requisite understanding and competencies.

Subject to the assessment, delegates will be issued with a First Aid at Work Certificate approved by the HSE.

This qualification is valid for three years, and can be renewed by attending one of our suitable two day requalification course.

Please get in touch with our team today for more information about this, or any of our courses.