



FIRST AID



Activity First Aid

This Activity First Aid training course is an important and accessible Level 2 Award. It includes Basic Life Support, Emergency First Aid at Work and Activity and Sports related injuries. The programme has been created to cater for people who work in active environments and recreational settings.

Programme/Course Content

The Level 2 Award in Activity First Aid QCF training course covers an important collection of topics including:

- Responsibilities and reporting
- Assessment of the situation
- Basic hygiene in First Aid
- Dealing with an unresponsive casualty
- Resuscitation
- Heart attacks
- Angina
- Stroke
- Choking
- Shock
- Bleeding control
- Seizures
- Head injuries
- Spinal injuries
- Fractures
- Minor injuries
- Drowning injuries
- Electrical injuries
- Heat and cold
- Burns

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- Asthma
- Diabetes

Aimed at: Those working in active environments and recreational settings

Accreditation: OFQUAL Level 2 Award in Activity First Aid (QCF)

Further information: In order for a delegate to pass the QCF Level 2 Award in Activity First Aid course, they must be able to demonstrate competence in and knowledge of all of the above topics and disciplines to a sufficient level. Course instructors monitor delegates throughout the program and will test their knowledge at the end of the course with a multiple choice questionnaire. Only those passing all elements will receive their certificates.

A three year qualification will be issued to the delegate, subject to the assessment.

For more information, or to make a booking, please get in touch with our team today.