



## FREDA (Fairness, Respect, Equality, Dignity and Autonomy)

The Human Rights Act, the Equality Act and Respect, Privacy and Dignity in care guidance are covered in this new, one-day training course titled FREDA (Fairness, Respect, Equality, Dignity and Autonomy).

### Programme/Course Content:

- The Human Rights Act
- The Equality Act
- Autonomy and choice
- Fairness and consent
- Privacy, dignity and respect
- Good practical examples
- Summary and evaluation

**Aimed at:** Each of our courses can be tailored to meet your team's requirements, whether introductory, intermediate or advanced. We can design the ideal solution to accommodate your team's ability, knowledge, practical experience and previous training.

**Accreditation:** Compliant with the National Occupation Standards for Health and Social Care Workers and satisfies the requirements of the Care Quality Commission

**Further information:** Whatever your requirement might be in relation to training and organisational development why not call or email us to see how we can help.