



Safer Handling of Inanimate Loads or People

The professional training programme, Safer Handling of Inanimate Loads or People, has been designed to support employees who lift and move objects and patients during the course of their normal working practices.

Programme/Course Content:

- Why train?
- Relevant legislation
- Risk assessment
- Potential injuries
- Anatomy of the spine
- Correct lifting techniques
- Importance of good base movement
- Moving and handling aids inc Hoists
- Importance of communication
- Practical (where applicable)
- Summary and evaluation

Aimed at: Each of our courses can be tailored to meet your team's requirements, whether introductory, intermediate or advanced. We can design the ideal solution to accommodate your team's ability, knowledge, practical experience and previous training.

Accreditation: This course can be accredited by IOSH or alternatively delegates can study towards the Level 2 Award in Safe Moving of People QCF.

Further information: If you require a training solution that both safeguards patients / service users and staff / organisations alike, whilst ensuring regulatory compliance then please contact us today for a no-obligation training needs analysis of your business.