



HEALTH AND SAFETY



Manual Handling Level 2 QCF

The Manual Handling Level 2 QCF training course instils safe lifting and carrying habits in the workforce by communicating why appropriate lifting techniques are important. It also introduces the consequences of poor lifting practices.

Programme/Course Content:

- Manual handling hazards, risks and controls
- How manual handling operations can cause injury and harm
- The scope of legal requirements and where guidance can be found
- The process for assessing manual handling risks
- The value of risk assessment and how it applies to safe manual handling practice
- Manual handling techniques – lifting loads from low levels/working at low levels/ lowering from height/pushing loads/pulling loads/carrying/team handling

Aimed at: Employees who perform some manual handling tasks in the workplace

Accreditation: OFQUAL

Further information: To make a booking, or for more information on this course, please contact us