



TRAIN THE TRAINER



First Aid Train the Trainer Course

This world-class First Aid Train the Trainer instructors course, gives every business the opportunity to take basic first aid training into its own hands. Upon completion, delegates are able to take care of in-house first aid training sessions without outside assistance.

Programme/Course Content

The course is run over five days, after which you will be able to train others to:

- Understand the role of the first-aider
- Use available equipment
- Assess the situation and act safely, promptly and effectively in an emergency
- Administer first aid to a casualty who is unconscious
- Administer cardiopulmonary resuscitation
- Administer first aid to a casualty who is choking , wounded and bleeding or suffering from shock
- Provide appropriate first aid for minor injuries
- Administer first aid to a casualty with: injuries to bones, muscles and joints, including suspected spinal injuries; chest injuries; burns and scalds; eye injuries; sudden poisoning; anaphylactic shock;
- Recognise the presence of major illness (including heart attack, stroke, epilepsy, asthma, diabetes, meningitis, sickle cell anaemia) and provide appropriate first aid.
- Safely and effectively operate an AED

Aimed at: Each of our courses can be tailored to meet your team's requirements, whether introductory, intermediate or advanced. We can design the ideal solution to accommodate your team's ability, knowledge, practical experience and previous training.

Accreditation: IQ

Further information: Please contact our team anytime for a free and accurate quotation.